

VABYSMO DIABĒTA IZRAISĪTU TĪKLENES PATOLOGIJU GADĪJUMOS

Asoc.prof. Kristīne Baumane
RAKUS OFTALMOLOGIJAS KLĪNIKA

Lekciju atbalsta Roche Latvija SIA

DIABĒTISKA MAKULOPĀTIJA – RETINOPĀTIJA, KAS SKAR MAKULAS RAJONU

Diabētiska makulas tūska – šķidruma uzkrāšanās makulas rajonā dēļ pārmērīgi caurlaidīgiem asinsvadiem;



Klīniski nozīmīga makulas tūska: ETDRS klasifikācija

- Tīklenes
sabiezināšanās makulas
rajonā vai $500 \mu\text{m}$
rādiusā no tā;
vai

- Cietie eksudāti makulas
rajonā vai $500 \mu\text{m}$
rādiusā no tā ar
apkārtējās tīklenes
sabiezināšanos;
vai

- Tīklenes
sabiezināšanās zona ≥ 1
diska laukuma diametrā,
no kurās kāda daļa ir 1
diska diametra zonā no
makulas centra.

DIABĒTISKA MAKULOPĀTIJA

Fokāla tūska

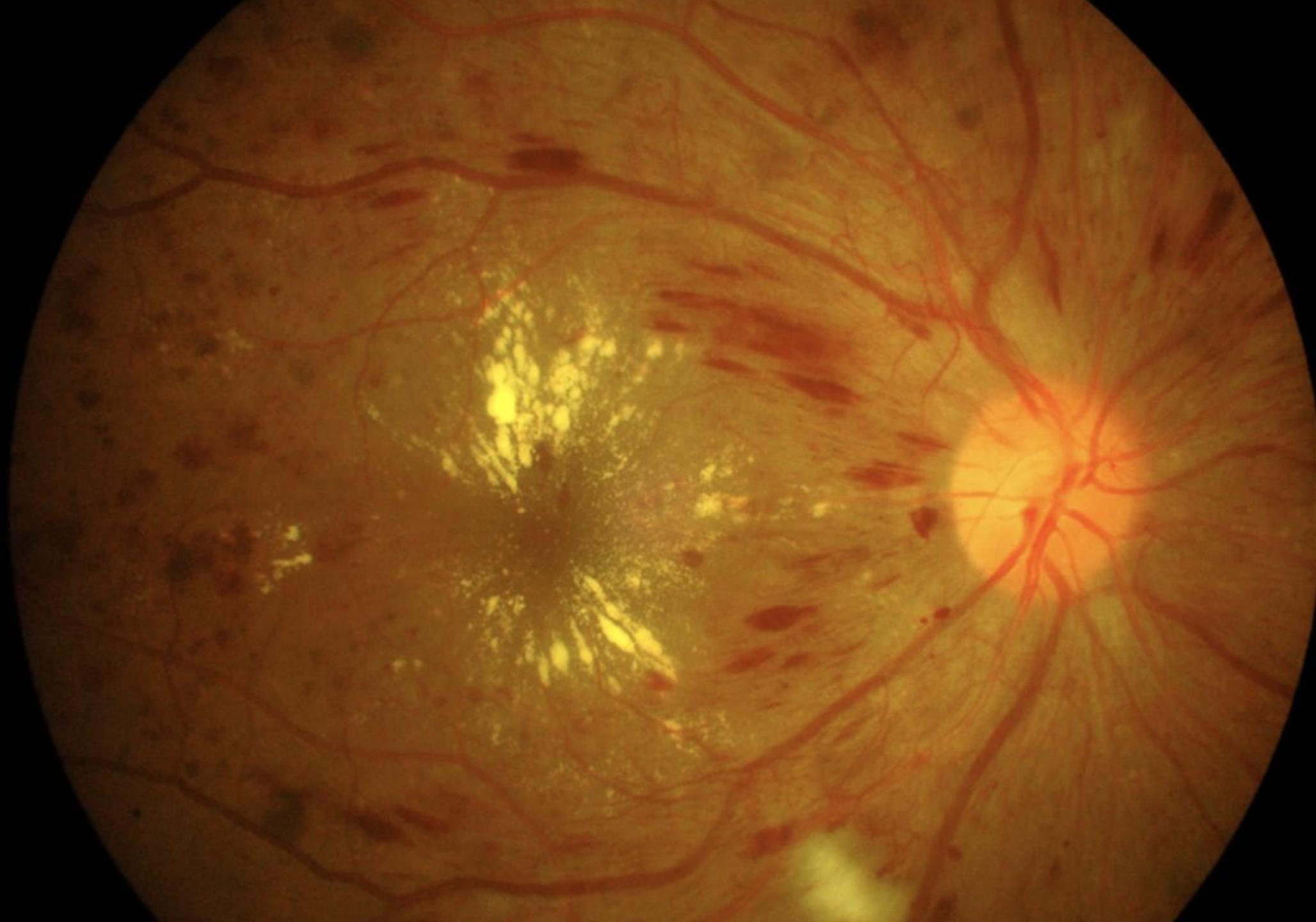
Difūza tūska

Išēmiska tūska

Jaukta tipa tūska

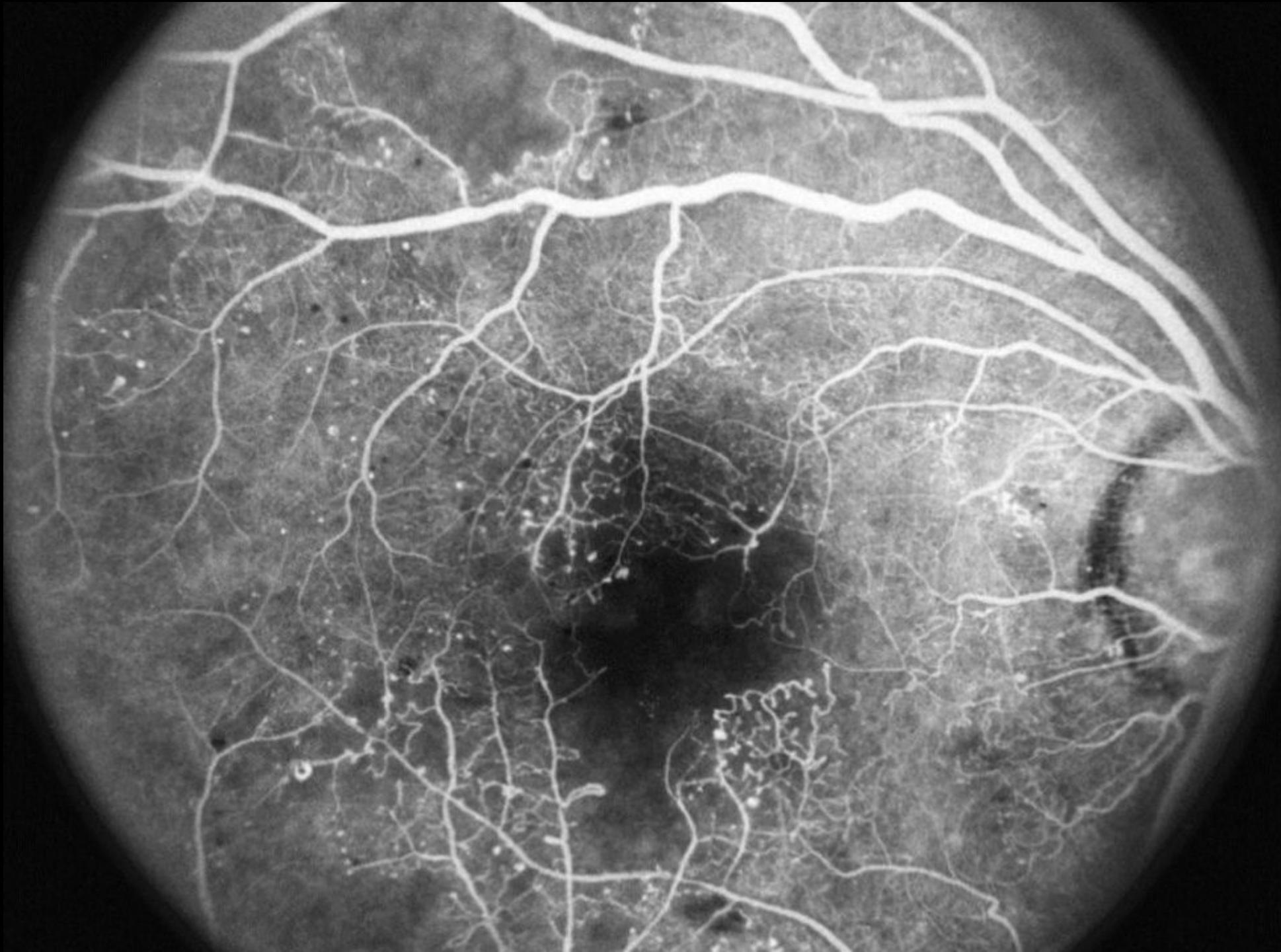
Trakcijas tipa
diabētiska
makulopātija
(vitreoretināla
patoloģija);

Ne-trakcijas tipa
makulopātija
(intraretināla)









DIABĒTISKA MAKULAS TŪSKA OCT

Raksturojas ar:

Elipsoīdās zonas un ārējās robežmembrānas izmaiņām;

Intraretinālu hiperreflektīvu perēkļu esamība (cietie eksudāti);

Vitreoretinālās savstarpējās saistības izmaiņas;

Subfoveolāra šķidruma esamība;

Intraretinālas cistas;

Iekšējo tīklenes slāņu disorganizācija.

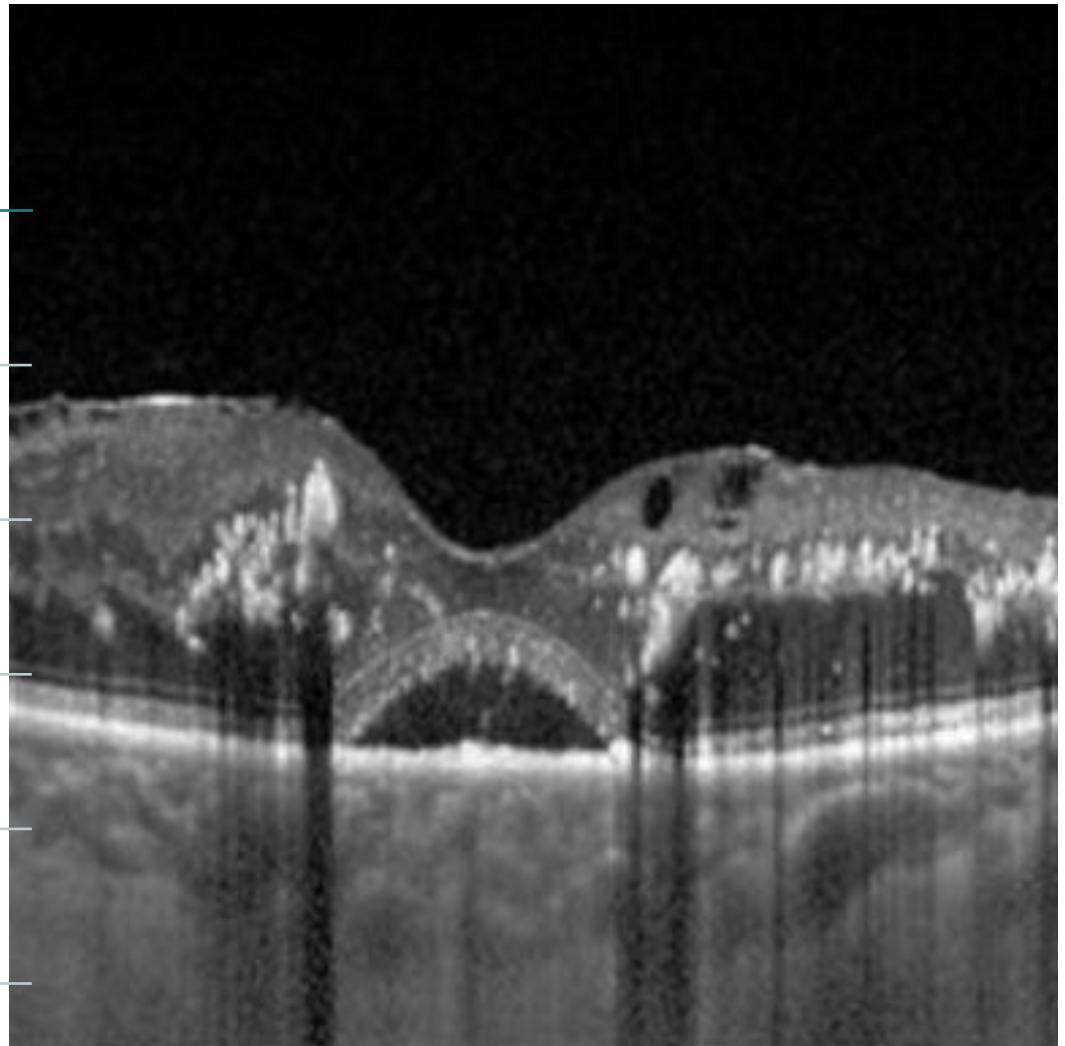


TABLE 5 INITIAL MANAGEMENT RECOMMENDATIONS FOR PATIENTS WITH DIABETES

Severity of Retinopathy	Presence of Macular Edema	Follow-up (Months)	Panretinal Photocoagulation (Scatter) Laser	Focal and/or Grid Laser*	Intravitreal Anti-VEGF Therapy
Normal or minimal NPDR	No	12	No	No	No
Mild NPDR	No	12	No	No	No
	NCI-DME	3-6	No	Sometimes	No
	CI-DME [†]	1*	No	Rarely	Usually
Moderate NPDR	No	6-12 [‡]	No	No	No
	NCI-DME	3-6	No	Sometimes	Rarely
	CI-DME [†]	1*	No	Rarely	Usually
Severe NPDR	No	3-4	Sometimes	No	Sometimes
	NCI-DME	2-4	Sometimes	Sometimes	Sometimes
	CI-DME [†]	1*	Sometimes	Rarely	Usually
Non-high-risk PDR	No	3-4	Sometimes	No	Sometimes
	NCI-DME	2-4	Sometimes	Sometimes	Sometimes
	CI-DME [†]	1*	Sometimes	Sometimes	Usually
High-risk PDR	No	2-4	Recommended	No	Sometimes ^{95,188}
	NCI-DME	2-4	Recommended	Sometimes	Sometimes
	CI-DME [†]	1*	Recommended	Sometimes	Usually

Anti-VEGF = anti-vascular endothelial growth factor; CI-DME = center-involved diabetic macular edema; NCI-DME = noncenter-involved diabetic macular edema; NPDR = nonproliferative diabetic retinopathy; PDR = proliferative diabetic retinopathy

Diabētiska makulopātija - terapija

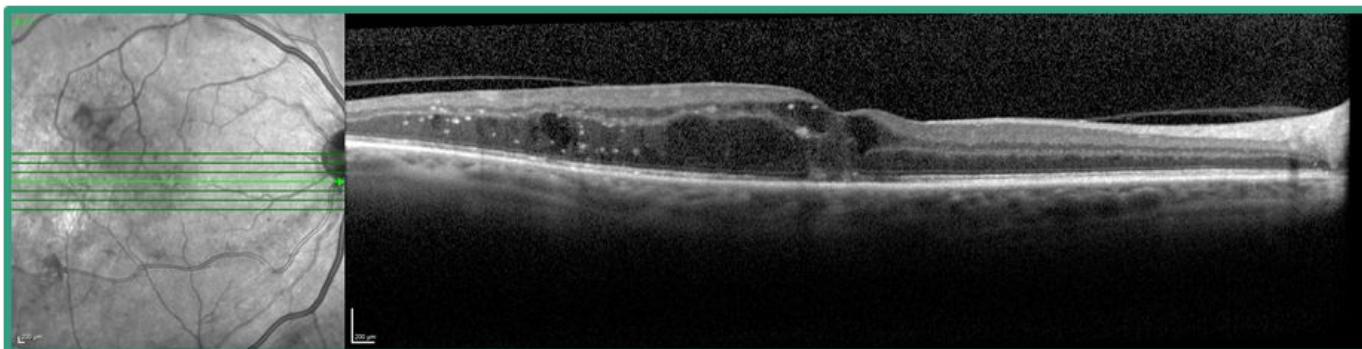
Diabētiskas makulas tūskas ārstēšanas iespējas

Intravitreāla anti-VEGF/Ang-2
blokāde

Intravitreāla anti-VEGF
blokāde

Intravitreāli kortikosteroīdi

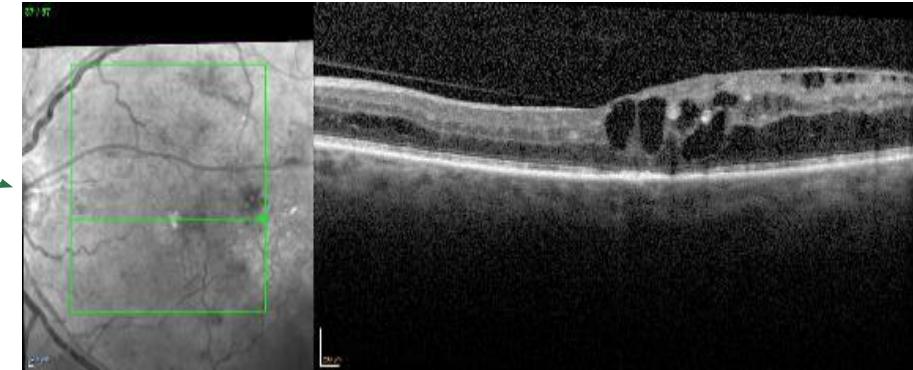
Fokāla makulāra
lāzer-fotokoagulācija



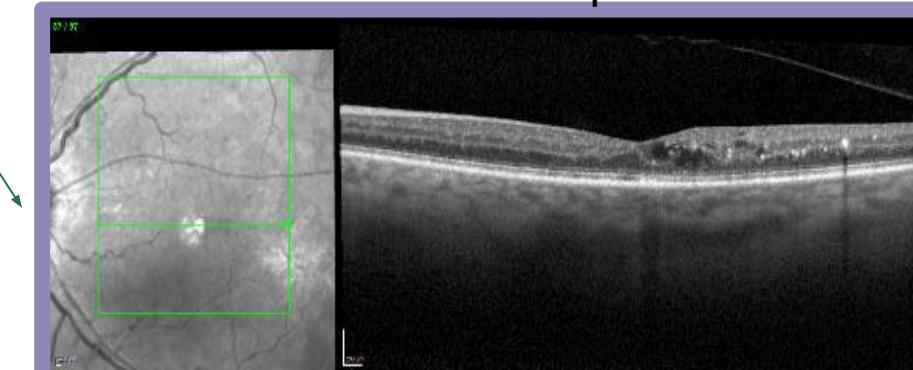
Intravitreāla anti-VEGF/Ang-2 terapija - pirmās izvēles terapija pie CI-DME

- Pierādīta efektivitāte:
 - Faricimabs (anti-VEGF, Ang-2);
 - Aflibercept;
 - Ranibizumabs;
 - Brolucizumabs;
 - Bevacizumabs.
- Efektīvāka terapija par lāzeru, glikokortikoīdiem;
- Laba okulārā un sistēmiskā drošība

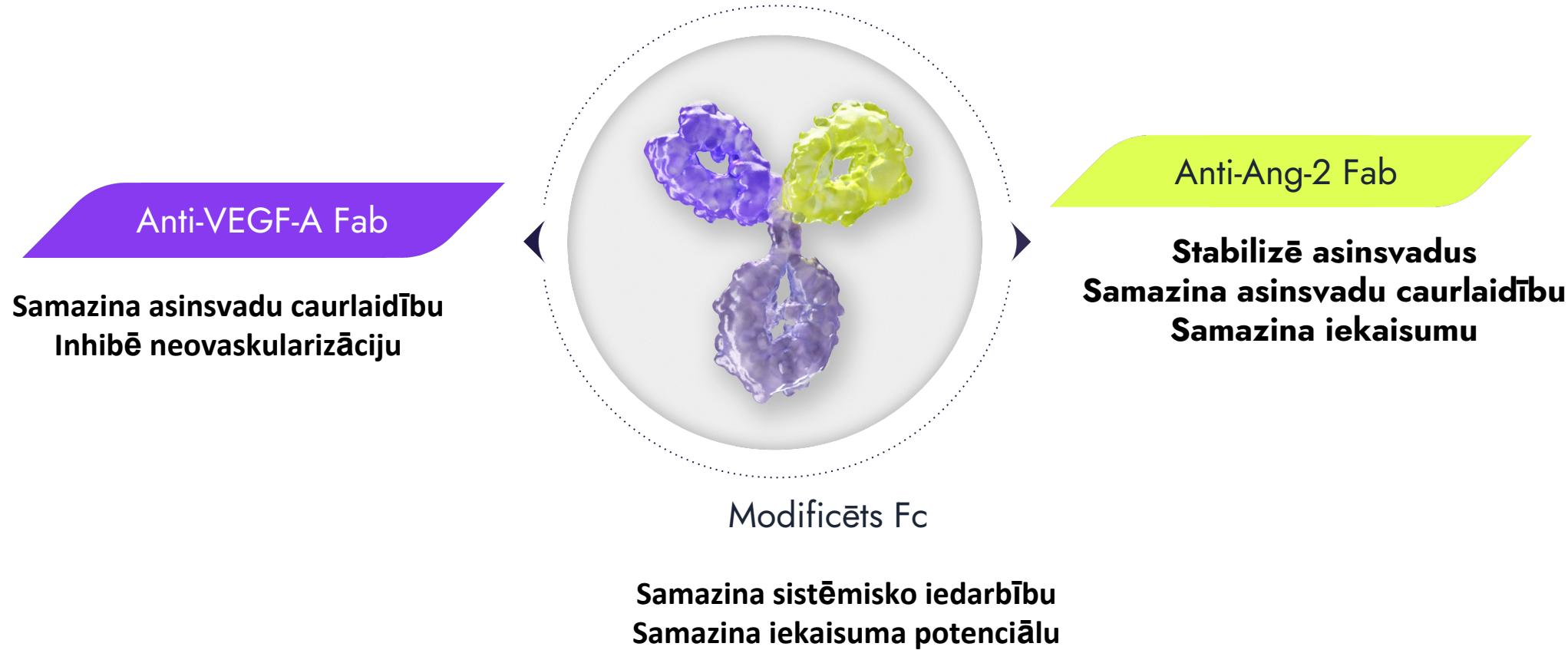
0. ned. BCVA 56 burti
CST 425 μm



56. ned. BCVA 73 burti
CST 275 μm



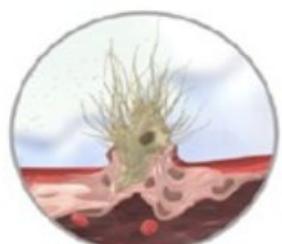
VABYSMO - pirmā bispecifiskā antiviela, kas inhibē VEGF-A un Ang-2, mērķējot uz 2 slimības signālceļiem un nodrošinot ilgstošu aktivitāti un asinsvadu stabilitāti



VEGF-A and Ang-2 Have Synergistic Functions in Neovascularization

↑ VEGF-A

Neovascularization / Permeability



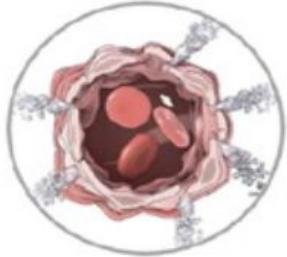
EC proliferation



EC migration



Tube formation



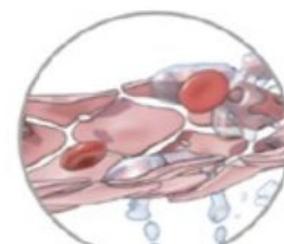
Permeability



Inflammation

↑ Ang-2

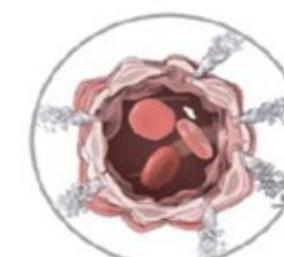
Vascular Instability



EC-EC Decoupling



Pericyte Dropout

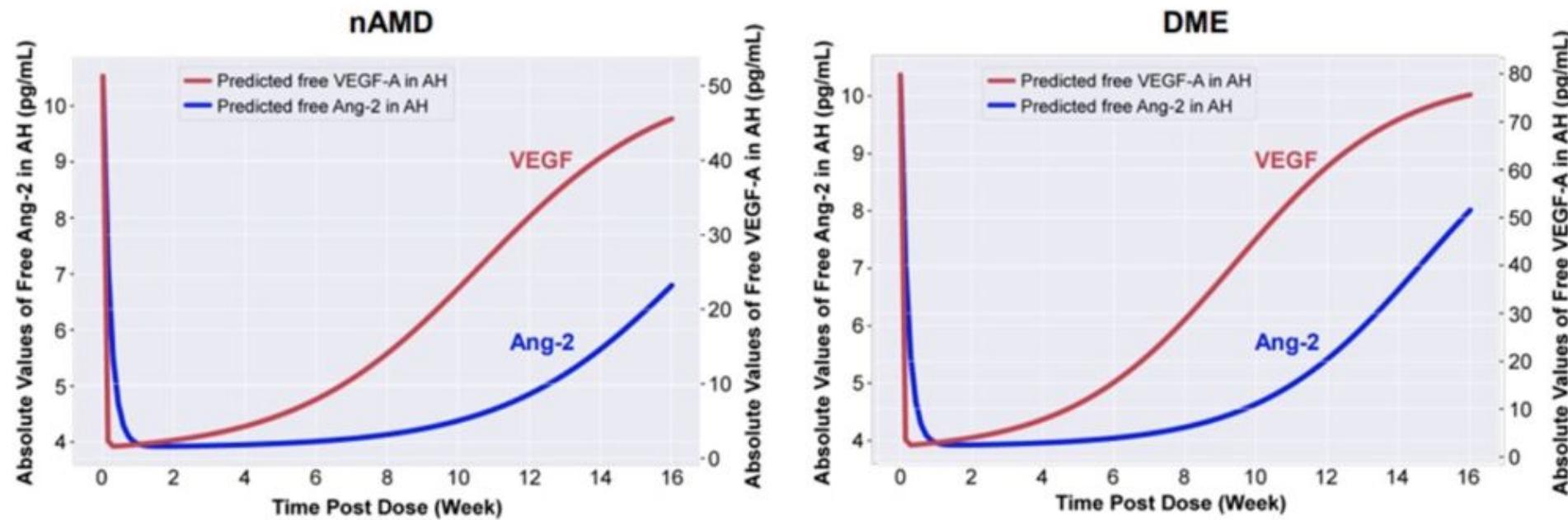


Permeability



Inflammation

Faricimab nodrošina ātru un noturīgu VEGF-A un Ang-2 intraokulārās līmeņa samazināšanos



AH, aqueous humor

Avery RL et al. Presented at: The American Academy of Ophthalmology Annual Meeting; Chicago, IL; 10/3/22.

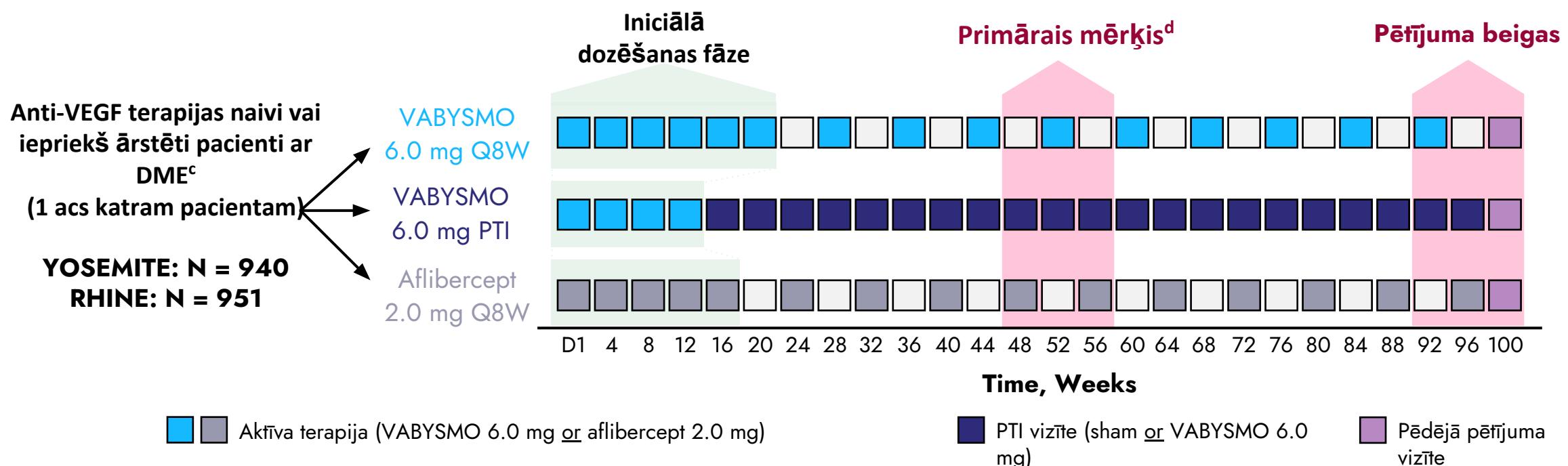
YOSEMITĒ un RHINE pētīja VABYSMO, lietojot Q8W vai izmantojot personalizēto dozēšanas intervālu līdz Q16W

YOSEMITĒ un RHINE

- 3. fāzes globāli, randomizēti, dubultmaskēts pētījums
- Pacienti ar centrālās izcelsmes DME (**CST $\geq 325 \mu\text{m}$**)^a
- **BCVA 25–73 ETDRS burti** (Snellen BCVA ~20/320–20/40)^b

PTI ievades režīms

- Ārstēt un pagarināt dozēšanas režīms
- Intervāli piemērojami (**no Q4W līdz Q16W**) pamatojoties uz CST un BCVA izmaiņām aktīvo devu vizītēs



^a CST was measured as the distance from the internal limiting membrane to Bruch's membrane. ^b BCVA was measured using the ETDRS visual acuity chart at a starting distance of 4 m. ^c Previously anti-VEGF-treated eyes (treated ≥ 3 months before day 1) were limited to 25% of the total enrolment. ^d Primary efficacy endpoint: Adjusted mean BCVA change from baseline at 1 year, averaged over Weeks 48, 52, and 56.

BCVA, best-corrected visual acuity; CST, central subfield thickness; D, day; DME, diabetic macular edema; ETDRS, Early Treatment Diabetic Retinopathy Study; PTI, personalised treatment interval; Q4W, every 4 weeks; Q8W, every 8 weeks; Q16W, every 16 weeks; VEGF, vascular endothelial growth factor.

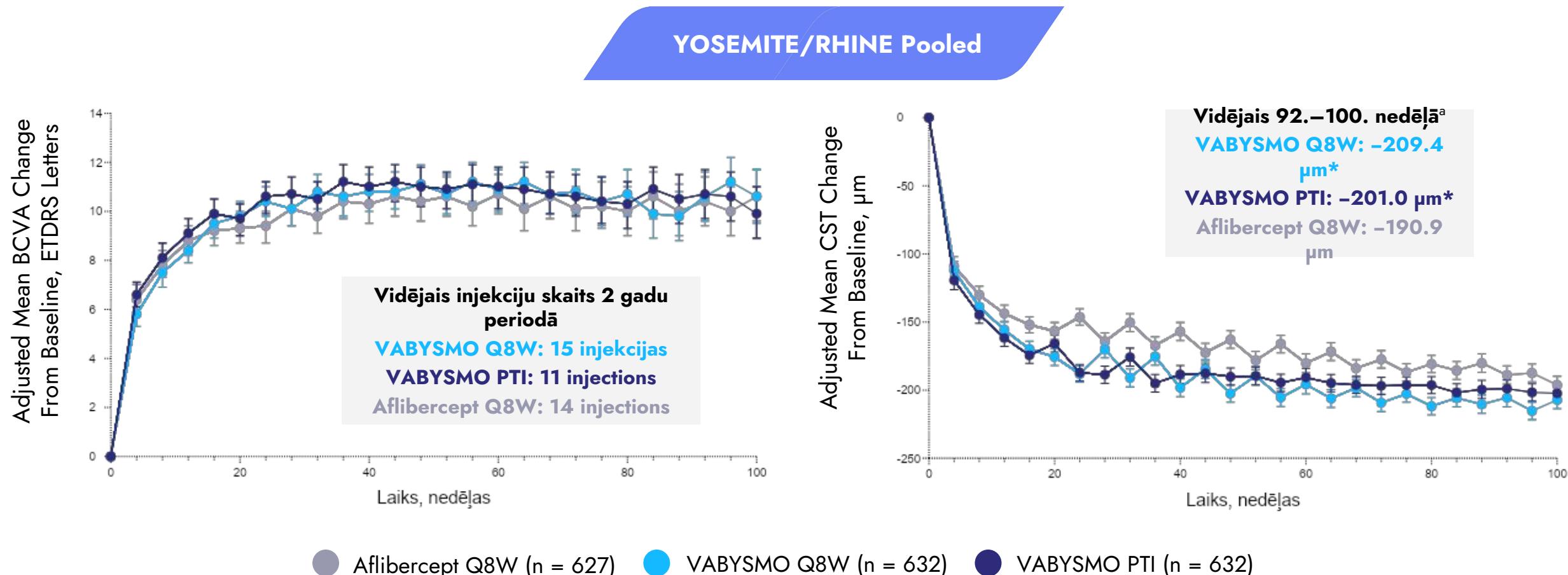
• Wykoff CC, et al. *Lancet*. 2022;399:741–55 (including Supplementary appendix).

96. nedēļā > 60% ar VABYSMO - ārstēti pacienti sasniedza ievadi Q16W un ~80% sasniedza ievadi \geq Q12W



^a Proportion of patients in the pooled faricimab PTI arms on Q4W, Q8W, Q12W, or Q16W dosing at Week 96, among those who had not discontinued the study at the Week 96 visit. ^b Results are presented for the pooled YOSEMITE/RHINE safety evaluable population (faricimab Q8W, n = 630; faricimab PTI, n = 632; aflibercept Q8W, n = 625).

Redzes uzlabošanās un izteiktāka CST samazināšanās ar VABYSMO saglabājās 2 gadu garumā vs aflibercept

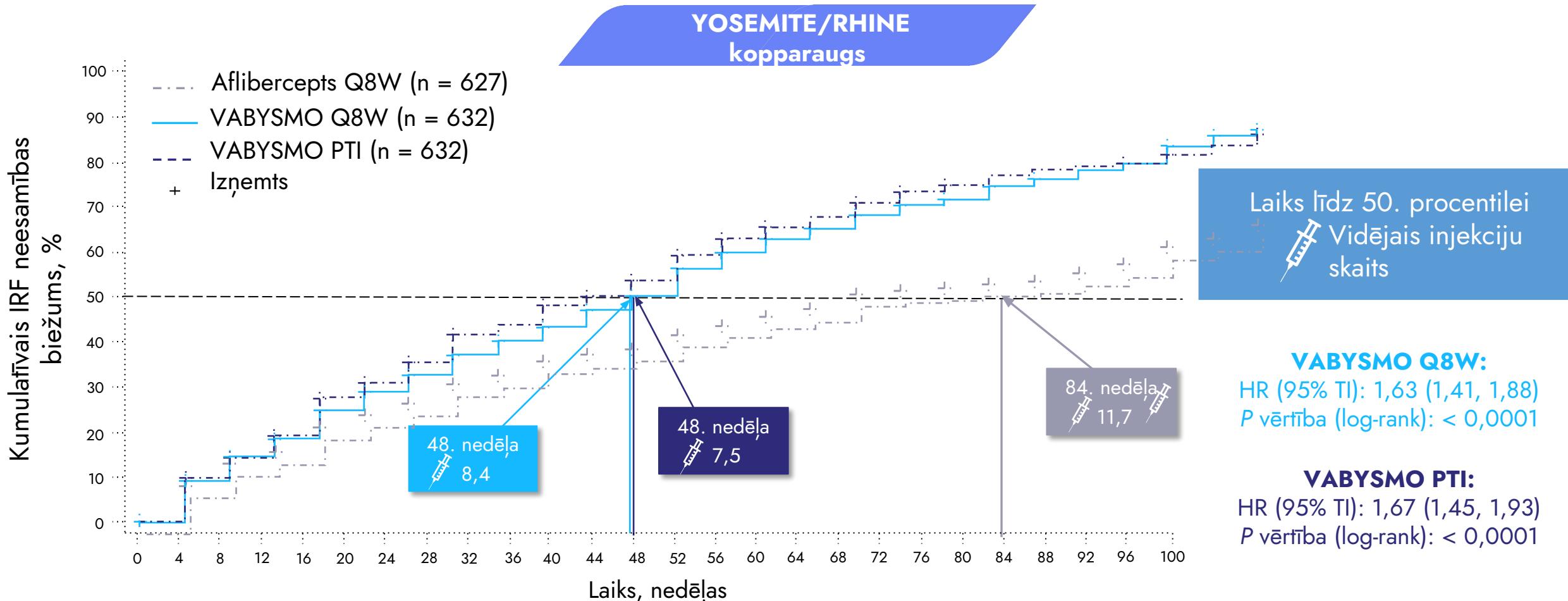


*Test for superiority: * Nominal $P < 0.05$ versus aflibercept Q8W. P values are nominal and not adjusted for multiplicity; no formal statistical conclusion should be made based on the P values. Clinical significance has not been established and conclusions regarding treatment effect cannot be drawn. ^a Adjusted mean change from baseline at 2 years, averaged over Weeks 92, 96, and 100. Results are based on a mixed model for repeated measures analysis, adjusted for treatment group, visit, visit-by-treatment group interaction, baseline BCVA or CST (continuous) as applicable, baseline BCVA (< 64 vs ≥ 64 ETDRS letters), prior intravitreal anti-VEGF therapy (yes vs no), region (United States and Canada, Asia and rest of the world), and study (YOSEMITE vs. RHINE). 95% CI error bars are shown.

•BCVA, best-corrected visual acuity; CST, central subfield thickness; ETDRS, Early Treatment Diabetic Retinopathy Study; PTI, personalised treatment interval; Q8W, every 8 weeks; VEGF, vascular endothelial growth factor.

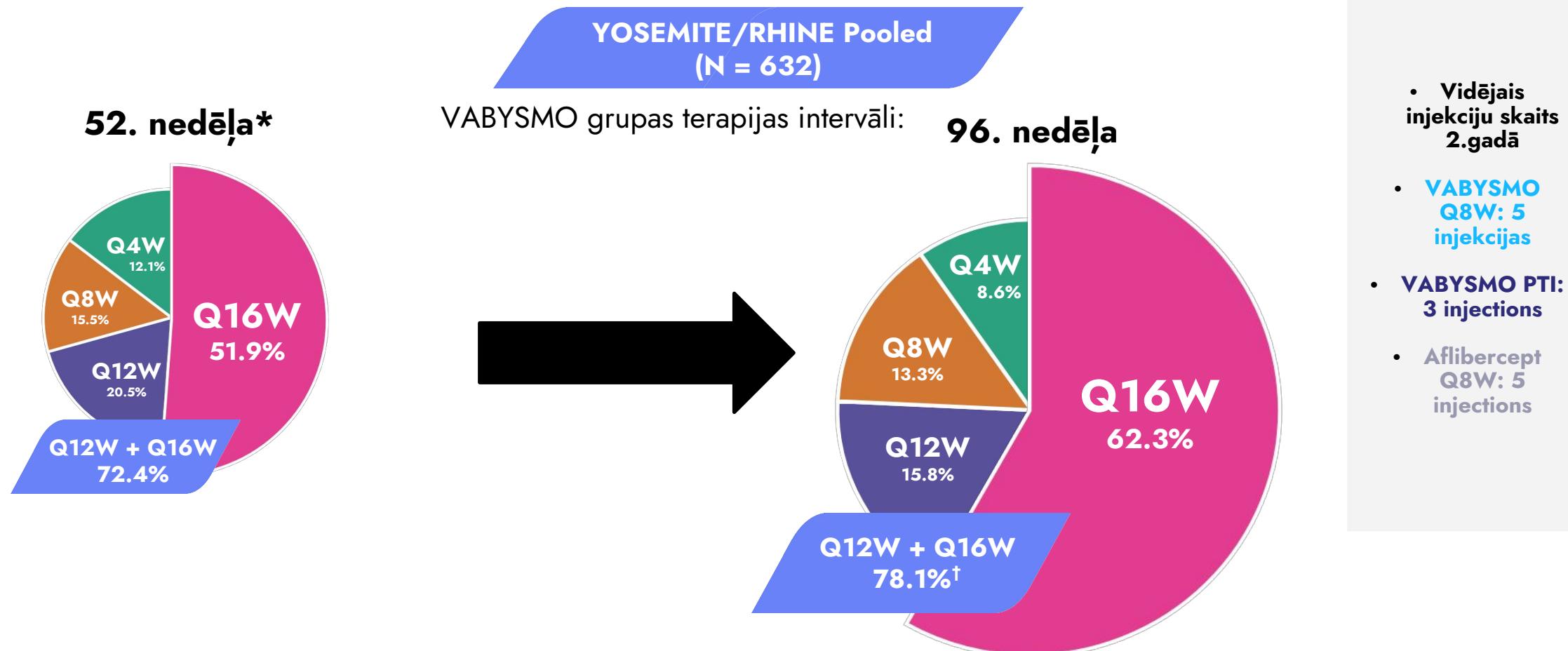
•Khurana RN, et al. The Retinal Society Annual Scientific Meeting, Pasadena, CA. 2–5 November 2022.

Lielākam skaitam ar VABYSMO Q8W līdz Q16W ārstēto pacientu IRF neesamība tika sasniegta ātrāk un ar mazāku injekciju skaitu nekā ar afibberceptu (*post hoc*)



Kopsavilkumi par laiku līdz pirmajai intraretinālā ūdenskrūma neesamībai ir Kaplan-Meier aplēses.
IRF — intraretinālais ūdenskrūms; PTI — personalizēts terapijas intervāls; Q8W — ik pēc 8 nedēļām; Q16W — ik pēc 16 nedēļām.
Khurana RN, et al. The Retinal Society Annual Scientific Meeting, Pasadena, CA. 2–5 November 2022.

96. nedēļā > 60% ar VABYSMO-ārstēti pacienti sasniedza ievadi Q16W un ~80% sasniedza ievadi \geq Q12W

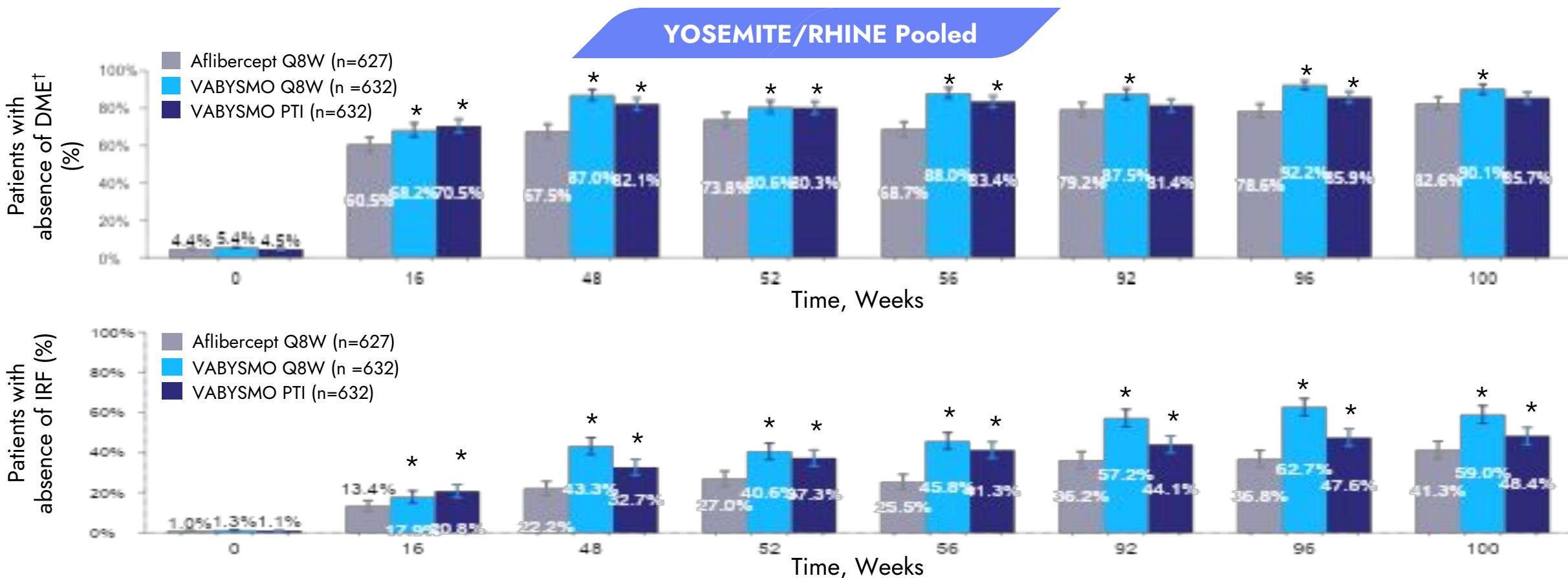


*Percentages are based on number of patients randomised to the VABYSMO arm who had not discontinued the study at the Week 52 and Week 96 visit. Treatment interval was defined as the treatment interval decision made at that visit; *based on the primary analysis; †sum of Q12W and Q16W percentages shown; calculated proportion of patients who achieved Q12W or Q16W dosing at Week 96 is 78.049%.

•PTI, personalised treatment interval; QxW, every x weeks.

•Wong TY, et al. EURETINA, Hamburg, Germany. 1–4 September 2022.

Vairāk pacientu sasniedza DME (CST <325 µm)[†] izzušanu un IRF izzušanu ar VABYSMO Q8W un PTI līdz Q16W vs afibercept Q8W 2 gadu laika periodā[‡]



*CMH test for superiority: * Nominal p<0.05 versus afibercept Q8W; nominal p>0.05 where no asterisk is shown; p values are nominal and not adjusted for multiplicity; no formal statistical conclusion should be made based on the p values. Clinical significance has not been established, and conclusions regarding treatment effect cannot be drawn; † Absence of DME was defined as CST <325 µm, measured as the distance from the internal limiting membrane to Bruch's mémbrane. Weighted proportions were estimated using the CMH method, stratified by baseline BCVA (<64 vs ≥64 ETDRS letters), prior intravitreal anti-VEGF therapy (yes vs no), region (United States and Canada vs rest of the world), and study (YOSEMITE vs RHINE). Baseline values are not weighted; % of patients had absence of DME at screening, which was up to 28 days ahead of baseline. Weighted proportions for the afibercept Q8W arm presented for the VABYSMO Q8W versus afibercept Q8W comparison; ‡ In general, a numerically greater proportion of patients receiving VABYSMO achieved an absence of DME and IRF over time compared with afibercept. 95% CI error bars are shown. BCVA, best-corrected visual acuity; CMH, Cochran-Mantel-Haenszel; CST, central subfield thickness; DME, diabetic macular edema; ETDRS, Early Treatment Diabetic Retinopathy Study; IRF, intraretinal fluid; PTI, personalised treatment interval; QxW, every x weeks; VEGF, vascular endothelial growth factor.

YOSEMITĒ un RHINE pierādīja noturīgu efektivitāti kontrolētā slimības periodā, lietojot faricimab režīmā līdz 1 x 16 nedēļās

Faricimab

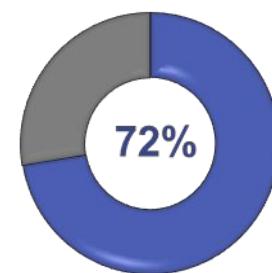
Faricimab darbojas uz **vairākiem signālceļiem**, veicinot **asinsvadu stabilitāti**, kā rezultātā tiek panākts ilgstošāks terapijas efekts, vienlaikus **saglabājot redzes uzlabošanos ilgtermiņā**

Redzes uzlabošanās ilgtermiņā

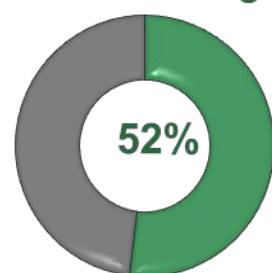
BCVA uzlabošnās, salīdzinot ar sākotnējiem datiem sasniedza > 50% pacientu no faricimab PTI grupas ievades režīmā Q16W 52. terapijas nedēļā

Ilgstošs efekts līdz ievadei 1 x 16 ned. Faricimab PTI grupā

≥ Q12W Dosing



Q16W Dosing



DME slimības kontrole

Agrīni un uzlaboti anatomiskie rādītāji faricimab grupā, salīdzinot ar aflibercept:

- **Izmaiņas CST rādītājos** izteiktākas faricimab
- Vairāk pacienti sasniedza **DME izzušanu^a**
- Vairāk pacienti sasniedza **IRF izzušanu**

Drošuma rādītāji

Faricimab bija labi panesams. **Nav ziņoti vaskulīta vai okluzīva retinīta gadījumi**

Ilgtermiņa rezultāti

YOSEMITĒ un RHINE 2-gadu pētījumi. The RHONE-X ilgtermiņa pagarinājuma pētījums, kurš sniegs datus par 4 gadu terapiju

^aAbsence of DME was defined as CST < 325 µm, measured as the distance from the internal limiting membrane to Bruch's membrane.

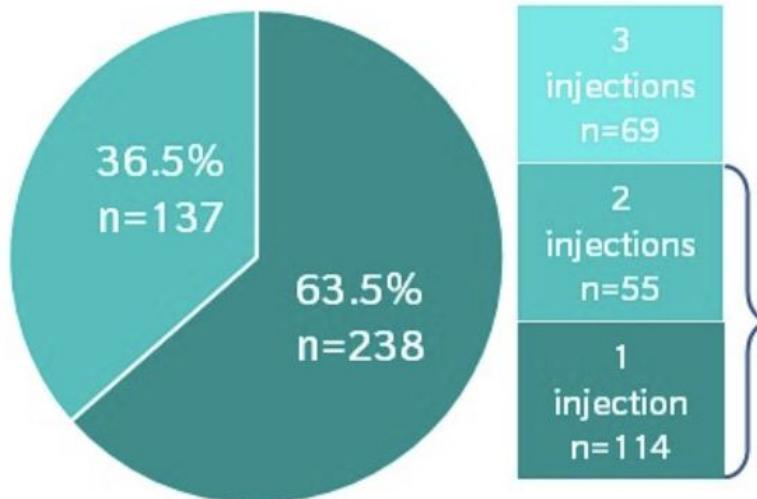
BCVA, best-corrected visual acuity; CST, central subfield thickness; DME, diabetic macular edema; IRF, intraretinal fluid; PTI, personalized treatment interval; Q12W, every 12 weeks; Q16W, every 16 weeks.

FARETINA-DME (IRIS® Registry Data)

- Most eyes previously treated with anti-VEGF, 20/40 or better vision
- Most eyes extended dosing interval >6 wk after 2 injections
- VA stable over 4 injections

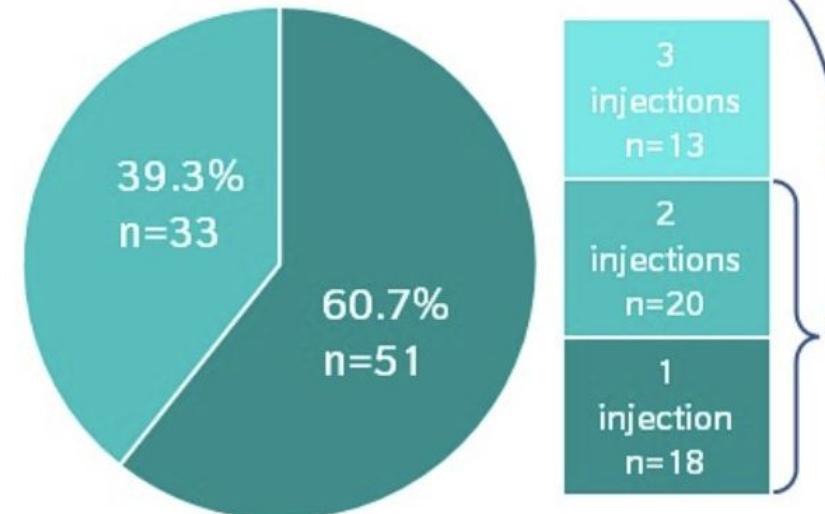
75% of eyes
“extended”
in 1-2
injections

Previously treated eyes with
≥4 injections (n=375)



- 1-3 initial injections at >6 wk intervals
- 4 initial injections at 2-6 wk intervals

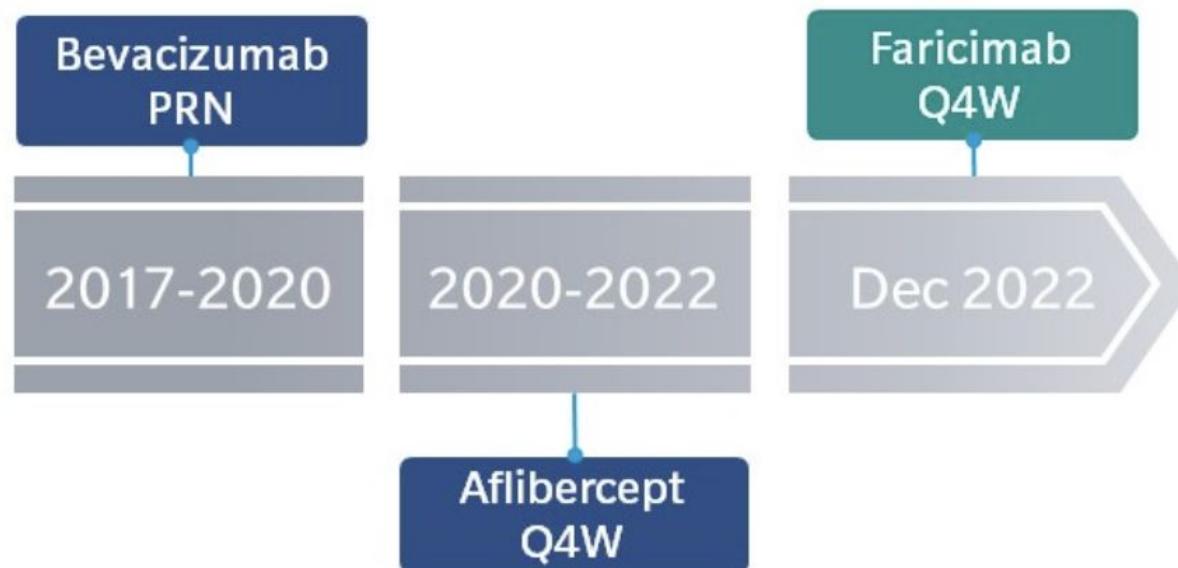
Treatment-naïve eyes with
≥4 injections (n=84)



- 1-3 initial injections at >6 wk intervals
- 4 initial injections at 2-6 wk intervals

65-Y-Old Woman With DME OU

- **DME OU diagnosed 2017**
- **Baseline BCVA:** 20/60
- **Ocular history:** Vision stable (20/50-20/60) past year
- **Patient background:** Presented in 2022, after moving from Houston, TX
 - Has received injections Q4W >1 y before moving

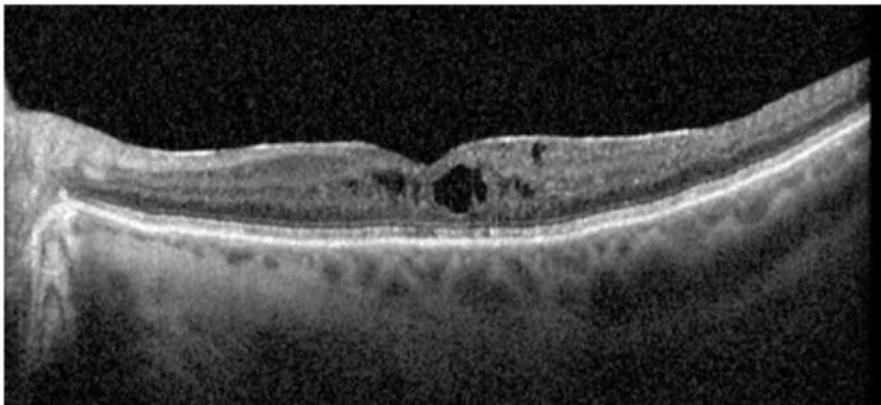


OU, both eyes; PRN, pro re nata

Case study courtesy of Arshad M. Khanani, MD, MA

Baseline, 4 Wk After Last Aflibercept Injection

OS



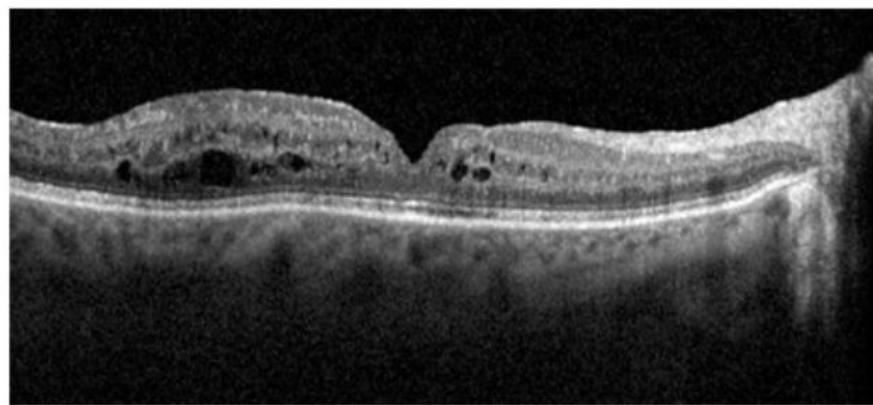
March 4, 2022

BCVA 20/60;

CST 317 µm

Baseline, 4 wk after last
aflibercept injection

OD



March 4, 2022

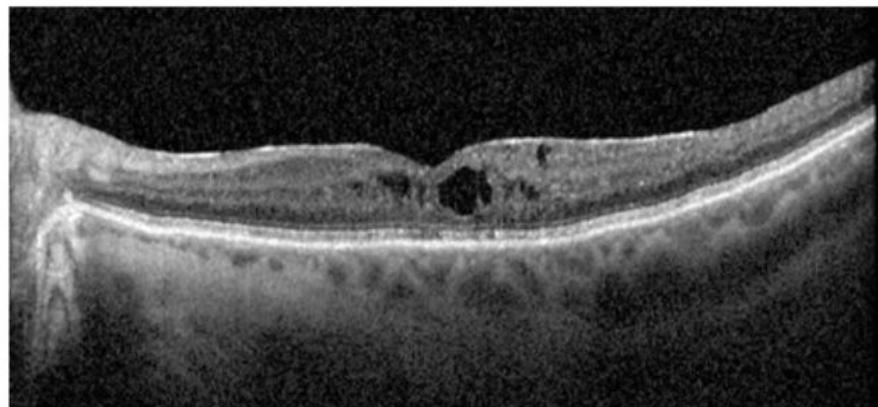
BCVA 20/50;

CST 330 µm

Baseline, 4 wk after last
aflibercept injection

OS Treated With Faricimab Q4W

Baseline



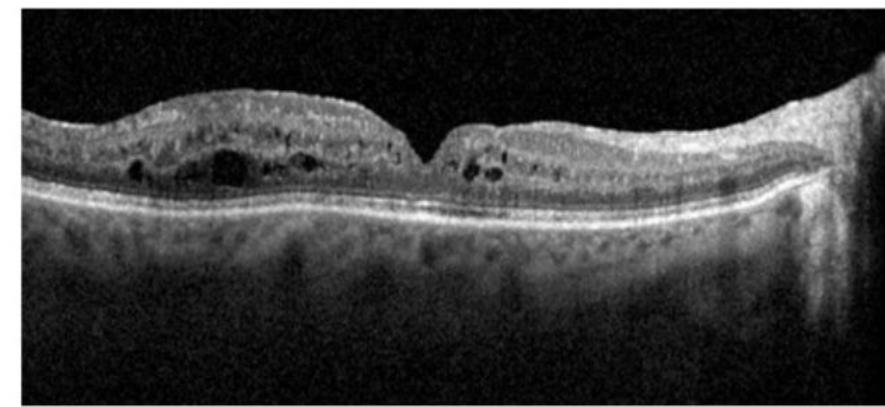
March 4, 2022

BCVA 20/60;

CST 317 µm

Faricimab #1 given

4 Wk After Faricimab #1



Apr 1, 2022

BCVA 20/60;

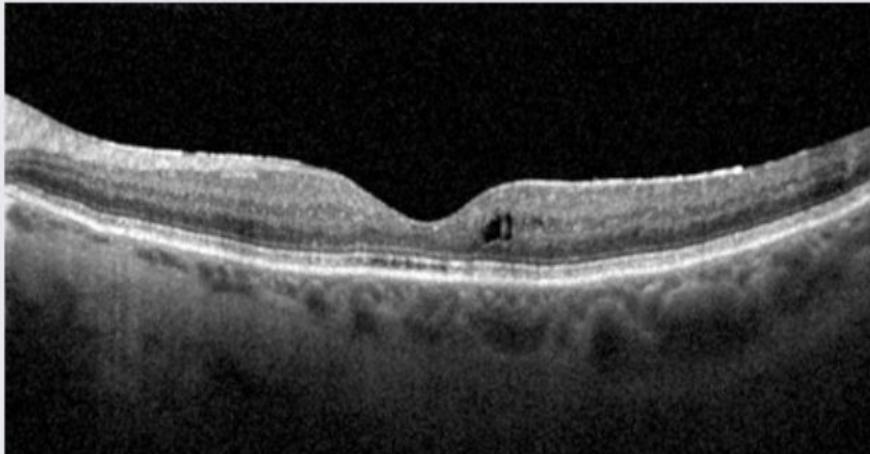
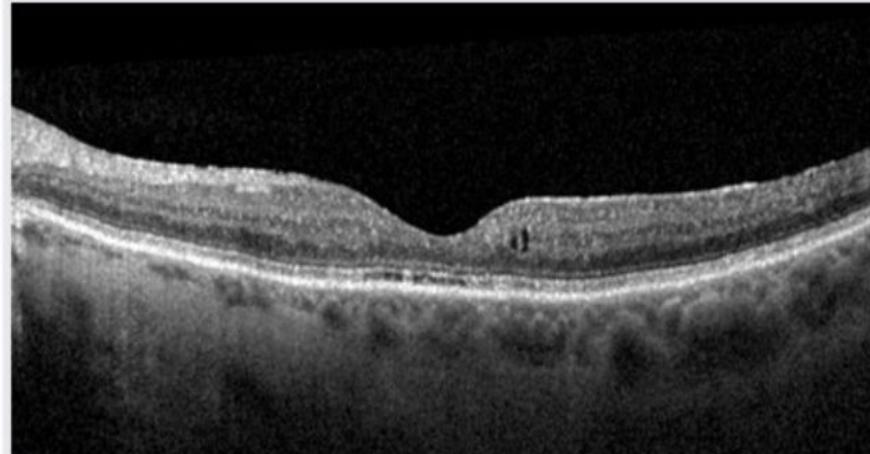
CST: 275 µm

Faricimab #2 given

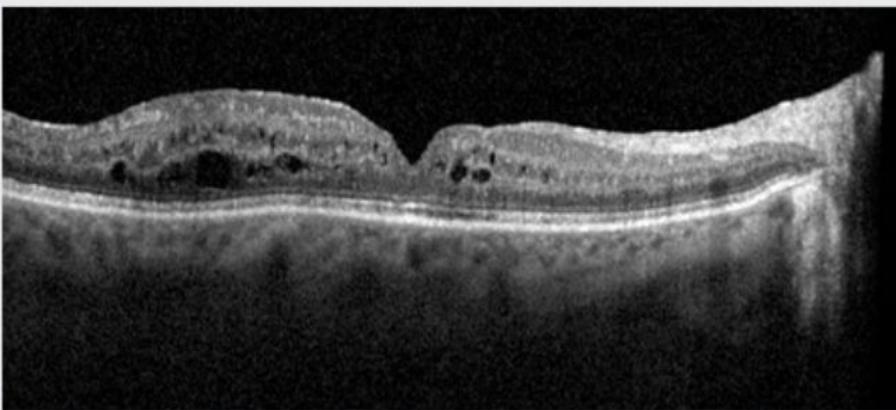
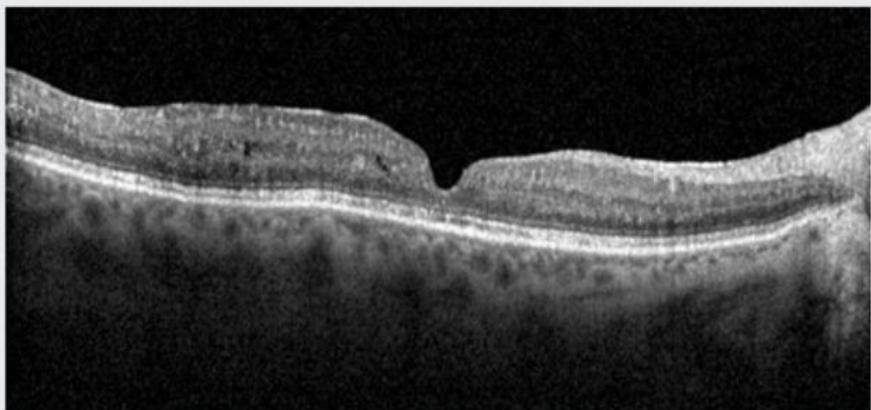
OS Treated With Faricimab Q4W

May 10, 2022 5 Wk After Faricimab #2	June 7, 2022 4 Wk After Faricimab #3	July 8, 2022 4 Wk After Faricimab #4
BCVA: 20/40 CST: 275 µm	BCVA: 20/40 CST: 217 µm	BCVA: 20/30 CST: 234 µm
Faricimab #3 given	Faricimab #4 given	Faricimab #5 given

OS Treatment Interval Extended to Q8W

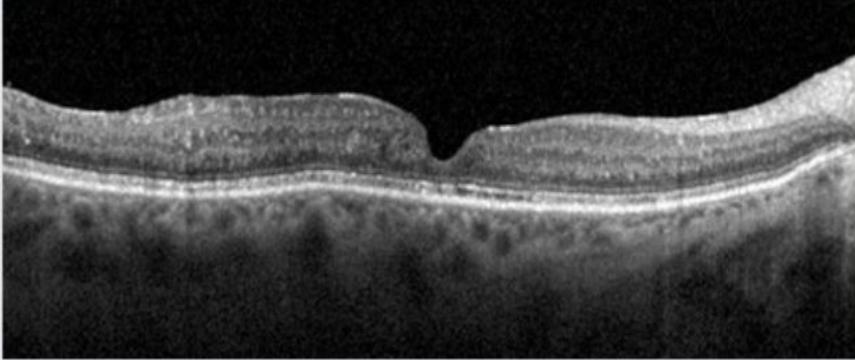
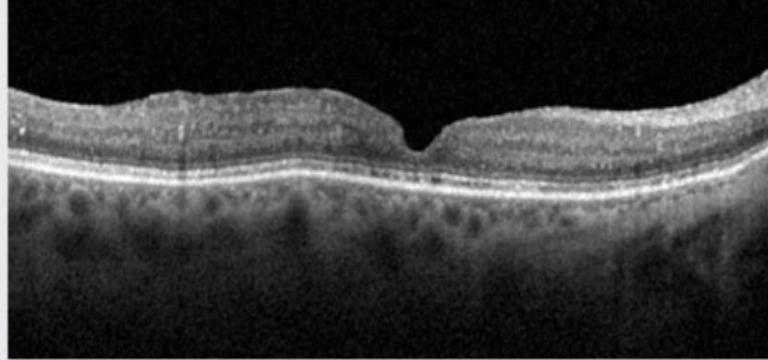
Aug 5, 2022 4 Wk After Faricimab #5		Oct 7, 2022 8 Wk After Faricimab #6	
BCVA: 20/40	CST: 234 µm	BCVA: 20/30	CST: 219 µm
			
Faricimab #6 given		Faricimab #7 given	

OD Treated With Faricimab Q4W

Mar 4, 2022 4 Wk After Last Aflibercept	Apr 1, 2022 4 Wk After Faricimab #1
BCVA: 20/50 CST: 330 µm	BCVA: 20/30 CST: 219 µm
	

Faricimab #1 given Faricimab #2 given

OD Treatment Interval Extended to Q8W

Aug 5, 2022 4 Wk After Faricimab #5		Oct 7, 2022 8 Wk After Faricimab #6	
BCVA: 20/30	CST: 243 µm	BCVA: 20/40	CST: 231 µm
		<p>Faricimab #6 given</p>	<p>Faricimab #7 given</p>

Summary: Patient With DME OU Switched to Faricimab Q4W, Extended to Q8W

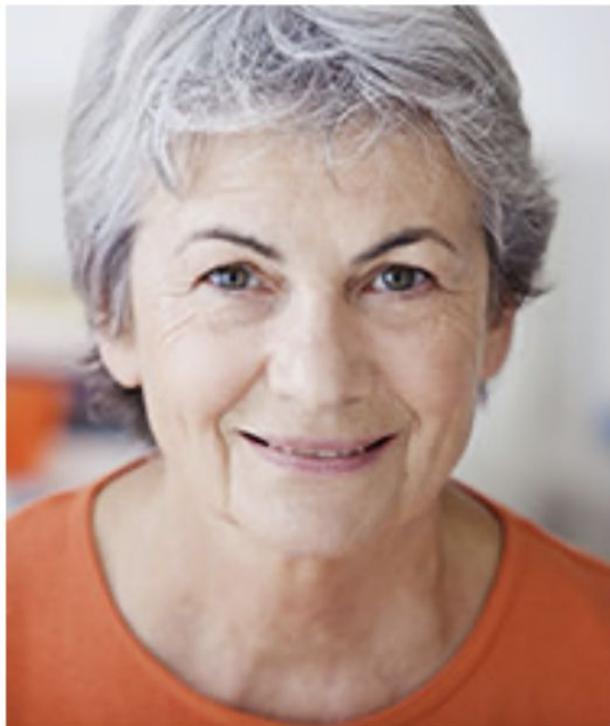
OS		OD	
4 wk after last aflibercept	Most recent visit	4 wk after last aflibercept	Most recent visit
BCVA: 20/60	BCVA: 20/30	BCVA: 20/50	BCVA: 20/40
CST: 317 µm	CST: 219 µm	CST: 330 µm	CST: 231 µm

- Patient with DME switched to faricimab Q4W, then extended to Q8W between March and October 2022
- Patient continuing Q8W treatment, plan to extend further
- No new safety signals observed



Patient Presentation

71-Y-Old Woman With 39-Y History of T2D



Mar 2011

- Age 60 y
- HbA1c: 7.1%
- s/p extensive PRP OU >10 y ago
- VA 20/32 OU
- IOP 17 OU mm HG
- 1+ NSC OU

June 2022

- Has received 33 aflibercept injections to date
- Significant DME recurrence
- Worsening vision
- Patient reluctant to shorten dosing interval

June 2015

- Develops DME OD
- Initiated on aflibercept Q4W, extended to Q12W

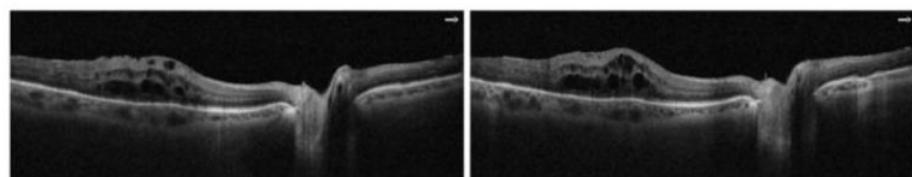
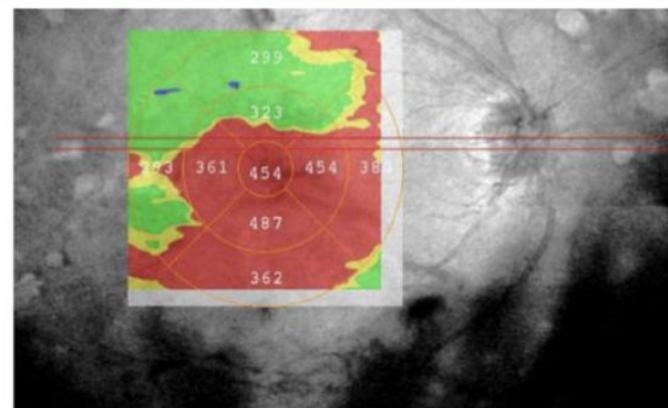
IOP, intraocular pressure; NSC, nuclear sclerotic cataract; OD, right eye; OU, both eyes; PRP, panretinal photocoagulation; Q4W, every 4 wk; Q12W, every 12 wk; s/p, status post; T2D, type 2 diabetes; VA, visual acuity

Case study courtesy of Nancy M. Holekamp, MD

Treatment Decision

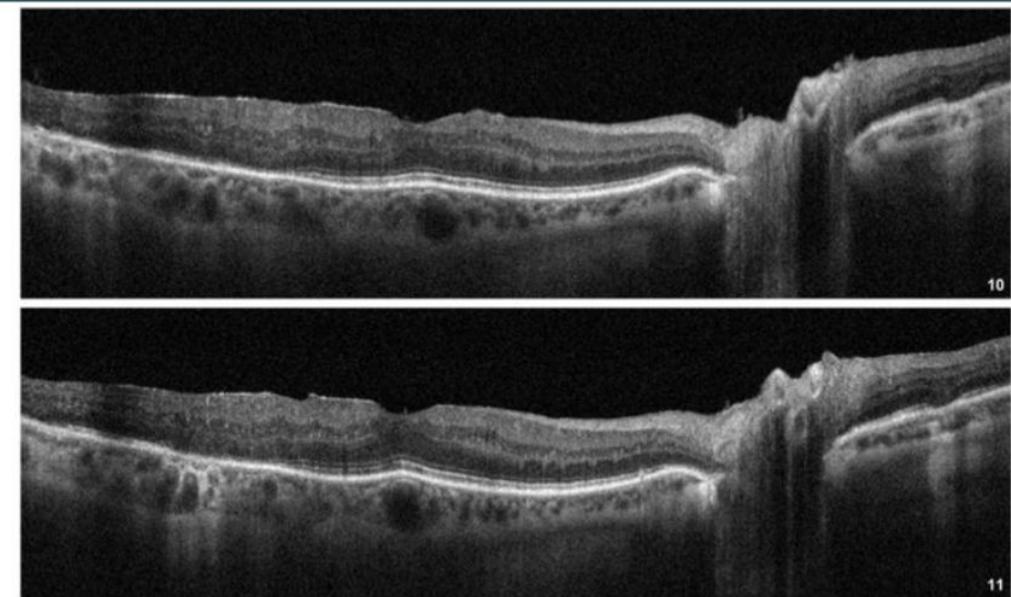
Patient Is Switched to Faricimab

Day of Switch to Faricimab (May 5, 2022)



VA 20/63 OD

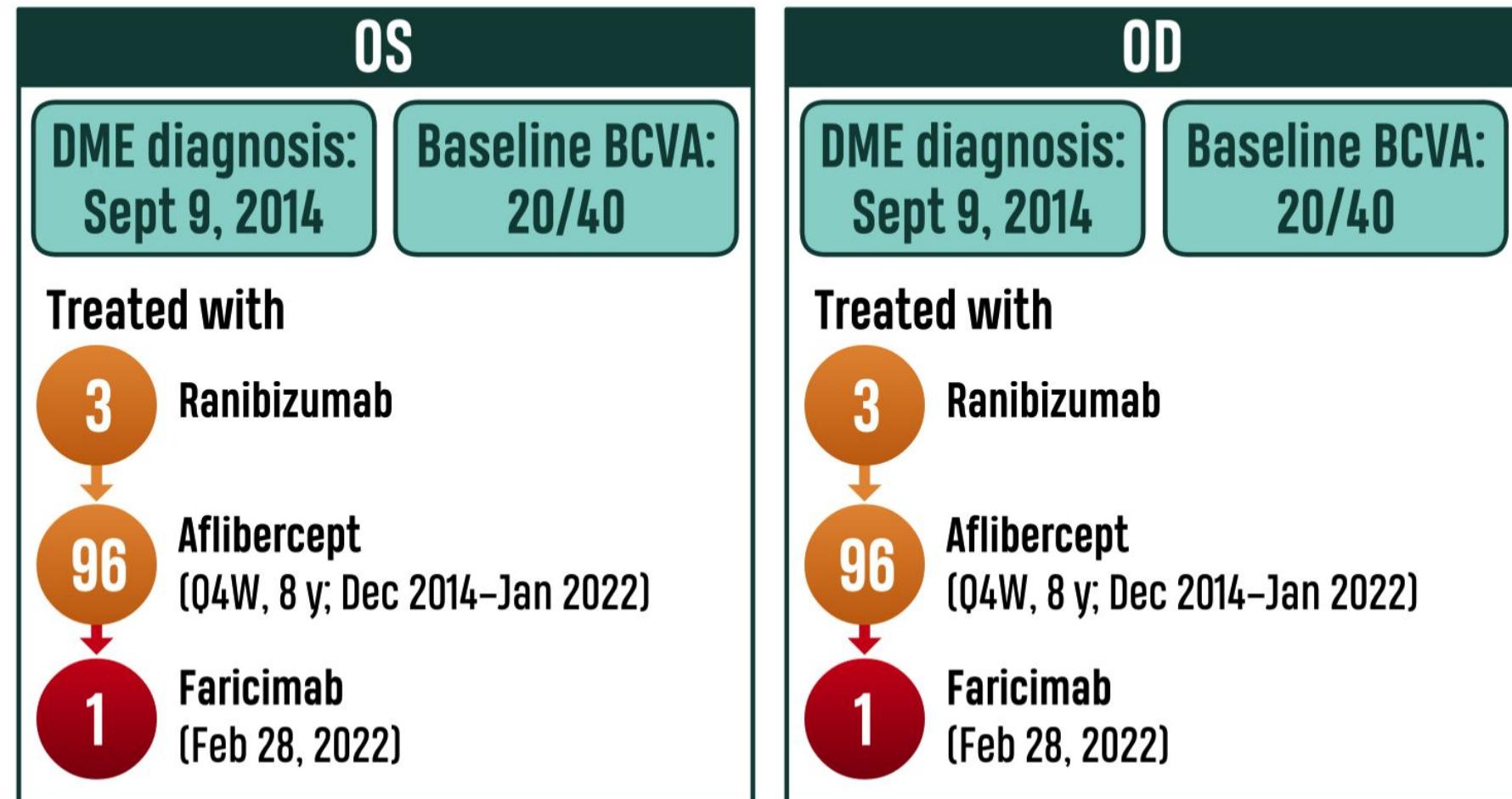
1 Mo After Faricimab (June 9, 2022)



VA 20/32⁺² OD

Patient Presentation

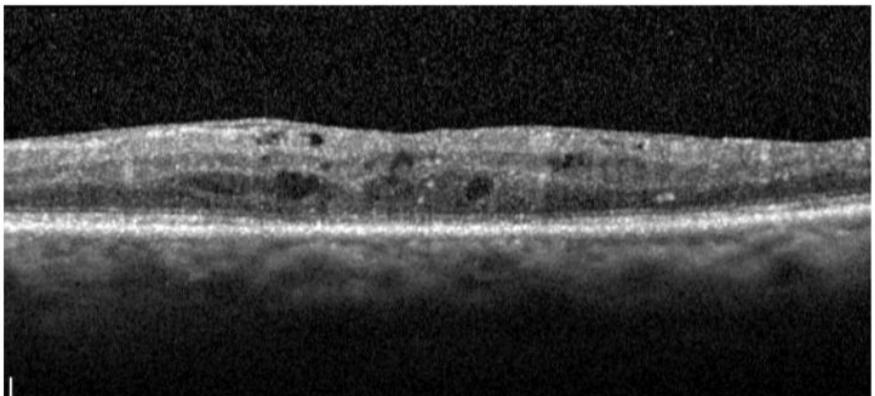
74-Y-Old Woman With 8-Y History of DME OU



BCVA, best-corrected visual acuity; OD, right eye; OS, left eye; OU, both eyes; Q4W, every 4 wk
Case study courtesy of Nancy M. Holekamp, MD

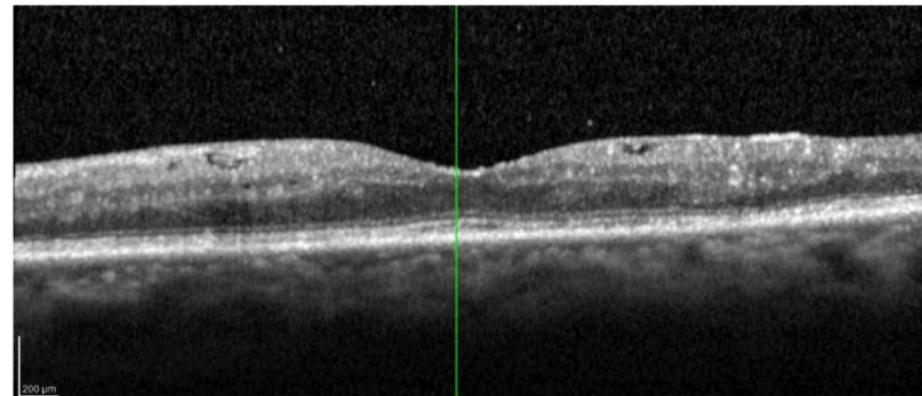
Follow Up

2-Wk Follow-up Visit (OS and OD)



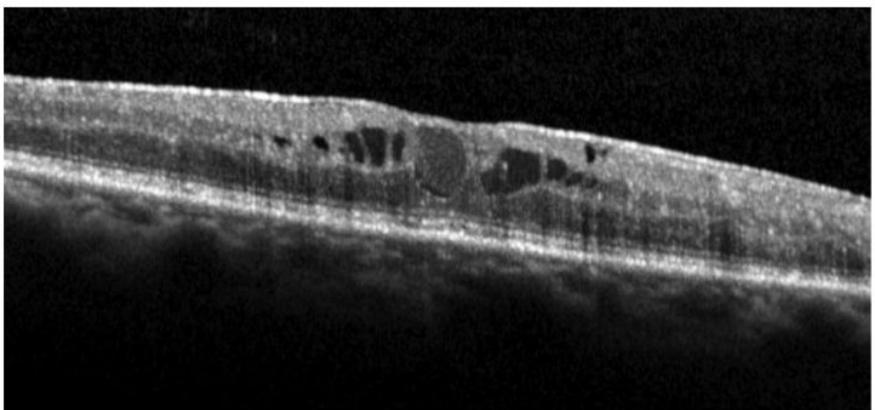
OS *Before*
Faricimab

VA 20/32⁻²
OCT: Feb 28, 2022



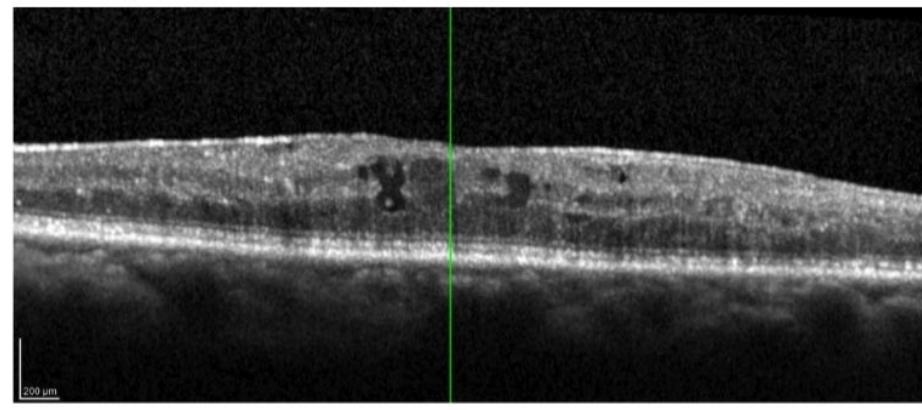
OS ≈2 Wk *After*
Faricimab

VA 20/32⁻²
OCT: Mar 16, 2022



OD *Before*
Faricimab

VA 20/32⁻²
OCT: Feb 28, 2022

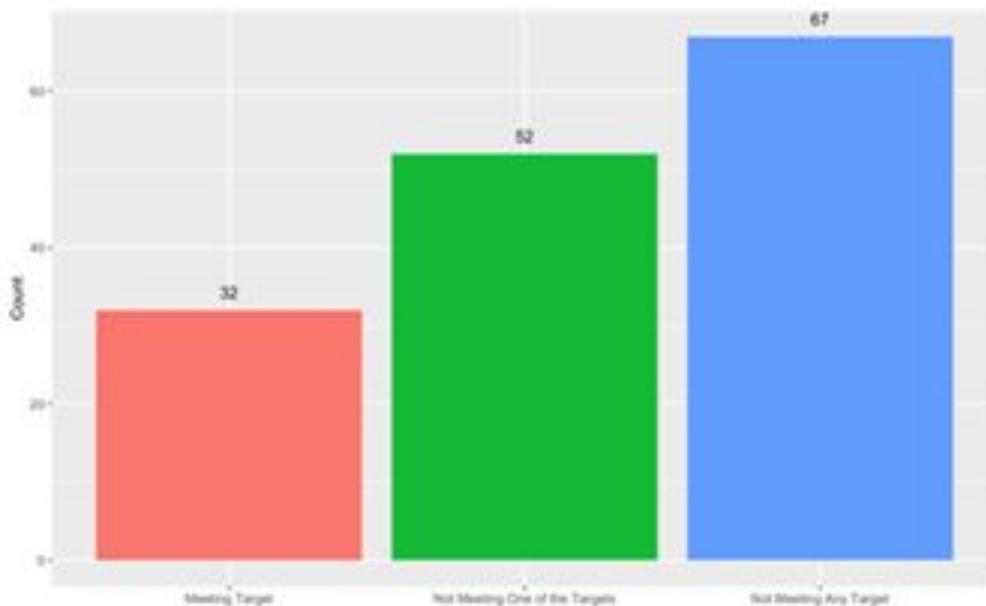


OD ≈2 Wk *After*
Faricimab

VA 20/32⁻²
OCT: Mar 16, 2022

Target blood pressure

	Meeting Target (systolic & dyastolic) BP	Not Meeting One of the Targets (S or D) BP	Not Meeting Any Target	p-value
n (%)	32 (21.2)	52 (34.4)	67 (44.4)	0.0022



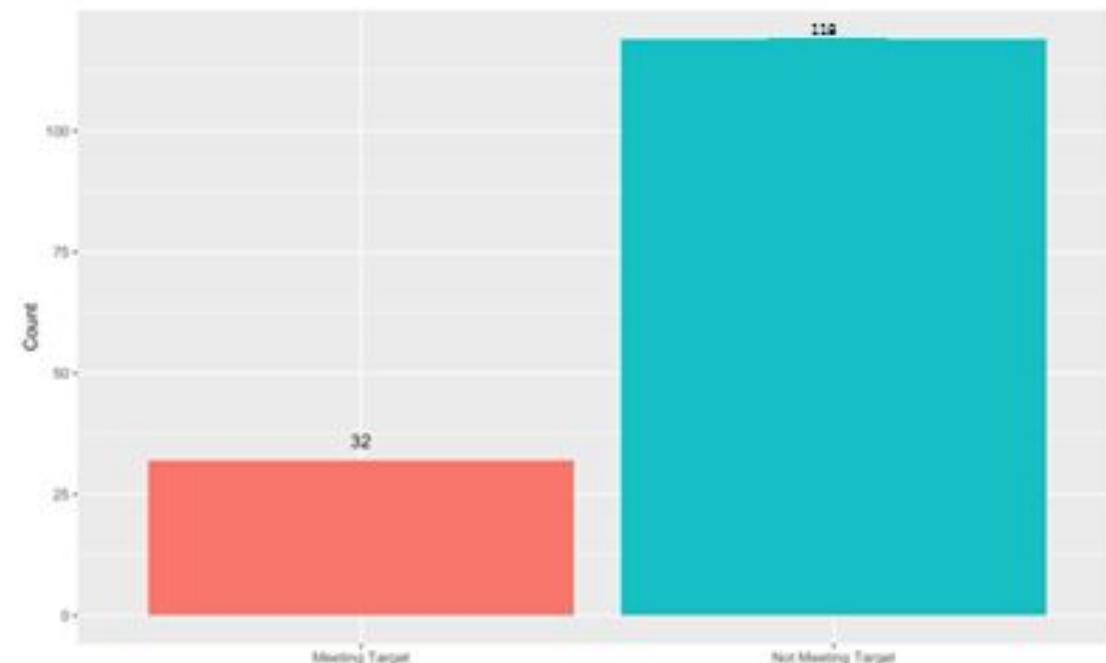
Target blood pressure

Patients that:

meet blood pressure target (<130/<80 mmHg) - 78.7%

don't meet BPtarget-21.3%

p<0.01



Birth Date / Sex 11/12/1991 F

Ethnic Group White

Disease

Diabetes mellitus, typus I

Comment

 NG
Retinal Camera Report

Single

Both Eyes

Comparison

Progression

Output Print

L 27/04/2022 12:43

Select

Image Editor

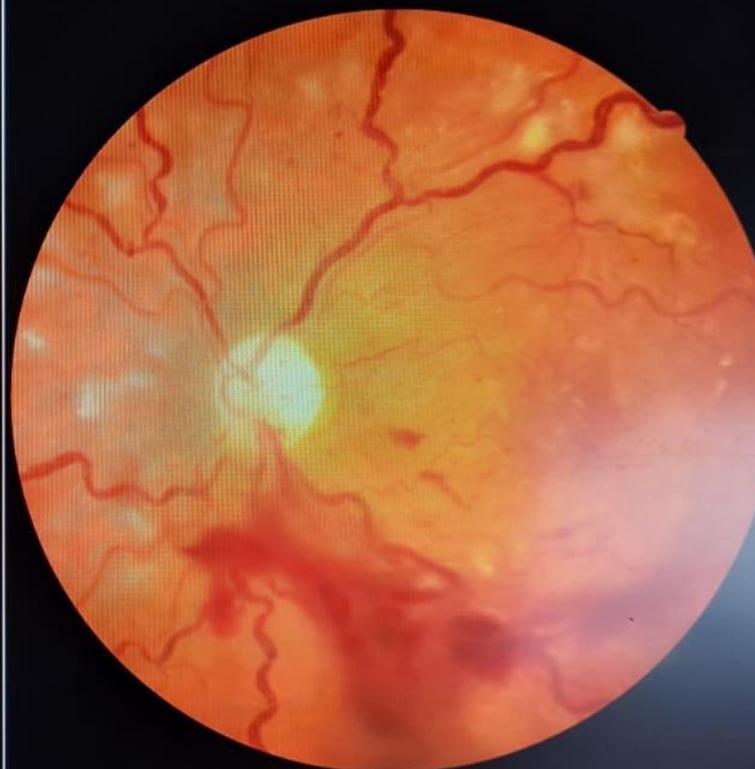
Overlay

→ 12/04/2023 13:11 L

12:46:00 Color

36 % 13:16:58 Color

36 %



100%

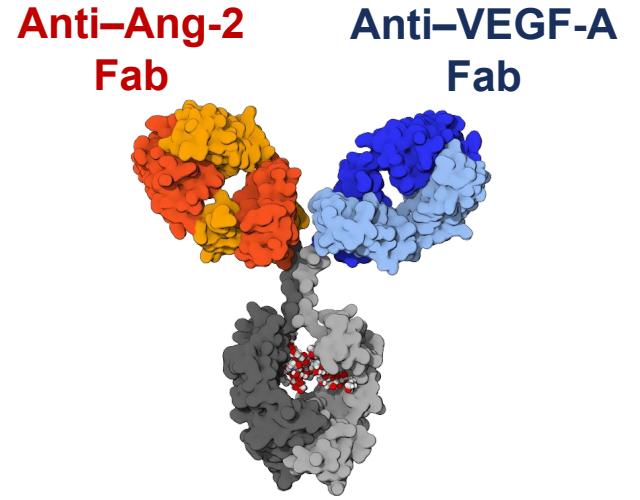
Comment

Comment

Diabētiskas makulopātijas terapija

- Anti-VEGF/Ang-2 vai Anti-VEGF ir uzskatāmas par pirmās izvēles terapiju lielākajā daļā gadījumu ar centrālu diabētisku makulas tūsku un redzes zudumu;
- Vispirms jāapsver novērošana acīs ar labu redzes asumu, neraugoties uz centrālu makulas tūsku ar anti-VEGF/Ang-2 vai Anti-VEGF pielietošanu gadījumā, ja redzes asums sāk samazināties;
- Jebkurā gadījumā diabētiskas makulas tūskas ārstēšanas pamatā ir laba sistēmiskās hiperglikēmijas, hiperlipidēmijas un hypertensijas kontrole

Faricimab: kopsvilkums



Jauna terapijas iespēja pacientiem ar DME, kuriem:

- Nav pietiekoša atbildes reakcija uz anti-VEGF terapiju (jauns darbības mehānisms)
- Pastāvīga slimības aktivitāte
- VA pasliktināšanās

Pēc 4 mēnešu piesātinošās devas, faricimab var ievadīt režīmā līdz reizei 16 nedēļās, atkarībā no atbildes reakcijas

DME klīniskajos pētījumos faricimab parādīja līdzvērtīgu efektivitāti Q16W ievades režīmā un slimības aktivitātes samazināšanos, salīdzinot ar afibercept Q8W

PALDIES PAR UZMANĪBU!
